

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Dance Continuous provision	Balance and Stability Continuous provision	Dance-toys Continuous provision	Locomotion Continuous provision	Gym, travelling and making shapes Continuous provision	Continuous provision
Reception	Dance –people who help us Net and Wall Skills	Locomotion Gym-Flight	Dance –The Circus Target Games	Gym warm ups Invasion games skills	Tennis Athletics	Striking and fielding
Year 1	Dance –seasons Net and Wall Skills	Locomotion Gym-balancing and spinning	Dance –The Circus Target Games	Gym warm ups Invasion games skills	Tennis Athletics	Striking and fielding
Year 2	Dance –Fire of London Net and Wall Skills	Locomotion Gym-Stretching and curling	Dance –The Circus Target Games	Gym warm ups Invasion games skills	Tennis Athletics	Striking and fielding
Year 3	Dance-Under the Sea Handball	Gym-Symmetry Hockey	Gym arching/bridging Basketball	Dance Tag Rugby	Tennis Athletics	Cricket Rounders
Year 4	Invasion Games – Handball Invasion Games – Gaelic Football	Dance-The Romans Hockey	Gym arching/bridging Basketball	Dance Tag Rugby	Tennis Athletics	Cricket Rounders
Year 5	Swimming Invasion Games – Handball	Dance-The Aztecs Hockey	Gym mirroring Basketball	Dance Tag Rugby	Tennis Athletics	Cricket Rounders
Year 6	OAA Invasion Games – Handball	Dance-WW2 Hockey	Gym (counter balance) Basketball	Dance Tag Rugby	Tennis Athletics	Cricket Rounders